

# LANGLEE NEWS

Distributed free to all Langlee households ..... April 2010  
 Published by the Langlee Residents Association, 20 Larch Grove, Galashiels, TD1 2LB  
 Tel: 01896 753296

## WHAT MATTERS TO YOU - MATTERS TO US

### **HI FOLKS!**

Over recent newsletters I've noticed there seem to be far more positives happening in Langlee than negatives!

I know we have the usual problems of dog fouling, etc, but we are working on that and other issues. We have so many other good things happening too, and you now have an opportunity to share in these.

For the last couple of months we have been promising that big things are to happen in Langlee and all is about to be revealed!

This Saturday, 24th April, we are hosting a special event (up to 2 hours), followed by a FREE lunch (yes, there is such a thing!) to update everyone on what is happening, and to get to know what YOU would like to happen in Langlee.

This could be the most important gathering that Langlee has ever seen - don't miss it!

Do come along, you can bring the kids - only two hours and a free lunch, what have you got to lose? Believe me, you have loads to gain. See you on Saturday!!

*Judith Cleghorn, Chair  
 Langlee Residents Association  
 01896 753296*

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### **KERBSIDE WASTE & RECYCLING**

At the last Langlee Residents Association meeting the subject of kerbside waste and recycling was brought up. Many residents voiced their opinions and ideas on the impending fortnightly collections and the implications it will bring on the local community. With rubbish and fly-tipping already a problem in our area there are a few small things we can all do to help.

**Recycle - Wash and Squash as much as possible.** This helps keep odours and household waste to a minimum.

**Community Recycle Centre (Easter Langlee)** - For big bulky items and electrical goods. Ask neighbours and friends if they have anything to go and send a full car load.

On contacting Scottish Borders Council, they had this advice:

'Once the move to Alternate Weekly Collections occurs, general waste will be

collected one week and recycling the next week. However, we would like to remind householders that this change will not happen until autumn, will be advertised in advance, and householders will receive full information detailing the change.

We would also like to take this chance to remind householders that you do not need to put your bin out for collection every collection day. If the bin is only half full you can keep it until your next collection. Washing and squashing items will help you fit more into your bin. Large pieces of cardboard can be presented flat beside your recycling bin.'

There is a large number of things which can be recycled, too many to list here! For more information and a list of all recyclable materials visit:

[www.scotborders.gov.uk/recycling](http://www.scotborders.gov.uk/recycling)

*Lynne Jeffrey, LRA*

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### **NO SUCH THING AS A FREE LUNCH?**

### **OH YES THERE IS!**

Langlee Residents Association has big plans for the future of Langlee. A special event is planned for:

### **SATURDAY 24TH APRIL 11AM LANGLEE COMMUNITY CENTRE**

- hear what we are going to do in Langlee and give us your views.

Kids welcome.

We need YOU to come along, let us know what you want YOUR area to look like in the future.

Phone 01896 753296 to confirm attendance (for the catering)

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### **LANGLEE CARNIVAL AGM**

This year the Langlee Carnival will be on Saturday 11th September 2010 - would **YOU** like to help with the Carnival this year?

The Annual General Meeting for the Carnival Committee has now been re-scheduled for **Monday, 26th April**, at 6.30pm in Langlee Community Centre - all interested residents are welcome! For more information see:

[www.langleecarnival.org.uk](http://www.langleecarnival.org.uk)

*Gerry Moss, Chair,  
 Langlee Carnival Committee,  
 01896 752907*

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### **NEWS FROM WAVERLEY TENANTS ORGANISATION (WTO)**

Saturday 17th April finally saw the opening of the Ball Wall in Beech Avenue - postponed from 3rd April due to the bad weather. The Ball Wall was finished at the beginning of April and has been used constantly since.

The Ball Wall was officially opened by both Councillor Mitchell and Councillor Lackenby, and they congratulated the WTO for all the work that went into getting the installation completed.

The WTO would like to extend their thanks to Waverley Housing for transferring the land to the WTO and to SBC for providing the money to fund the Ball Wall construction through parking money. We know it will continue to be well used.

The day continued with an Easter Egg hunt and an Easter Bonnet competition; thanks go to David Gordon, Waverley Housing, for choosing the prettiest bonnet.

Bobby Ferguson provided bouncy castles, gladiator and the gyroscope - all well used, as usual - many thanks Bobby!

It was a great day, enjoyed by all and a great deal of chocolate was eaten, just to make everything perfect! The Waverley Tenants Organisation are still working on raising funds towards the play parks for younger children - the request for planning permission has been submitted and funding applied for. We will keep you informed!

*Gerry Moss, Chair,  
 WTO, 01896 752907*

## PARENTS MIXER GROUP - E.S.O.L. AT LANGLEE

Below are two items from one of our members, Wioleta Ciebiera, about two recent activities:

### American Night

What were you doing on Friday 19 March? I was enjoying myself at the American Night organized by the Roundabout Cafe Langlee. It was another in a series of evenings to get to know the cuisine and culture of other nationalities. This time we got to know American cuisine. In addition to well-prepared dishes, a dance show was performed by Silver Star Western Dancers and we listened to music written and performed by Rob Nicholson. After eating a good dinner with dessert it was time to learn to line-dance to country music. Everybody had fun. I recommend a nice entertainment for the whole family.

### Decoupage Workshops

On Saturday 20th March at 4pm in the Community Centre Langlee Decoupage Workshops were held. We met in the yellow room for 3 hours to have fun with decoupage. It is all free. People of different nationalities: English, Scottish and Polish, participated in the meeting. Klaudia led classes, which explained to us how to make all the decorations. Everyone had a great time and made beautiful works. It turned out that it is not so difficult. In the break time we got tea or coffee and ate cake made by participants: apple and poppy. A very good way to spend free time and meet new people. I hope that in the future we will meet you at decoupage workshops.

If you would like to come along to the Parents Mixer (ESOL) Group we meet in the library at Langlee Primary School every Wednesday during term time, from 12.45pm until 2.45pm. Come along to improve your spoken English, have a coffee and have some fun at the same time!

*Nicola Corbett, Secretary,  
E.S.O.L. Group, 01896 756893*

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### FUEL FACTS - SOCIAL TARIFFS

You may qualify for a social tariff if you are over 60, on means tested benefits or are on a low income. If you think you might qualify contact your energy supplier for more details.

For further savings contact:

*The Energy Assistance Package  
on 0800 512 012*

Call today and see what they say!

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## LOCAL COUNCILLOR DETAILS

### Councillor Fiona Lackenby

Tel: 01835 830428

email: flackenby@scotborders.gov.uk

### Councillor John Mitchell

Tel: 01750 722422

email: jmitchell@scotborders.gov.uk

### Councillor Sandy Aitchison

Tel: 01578 730643

email: saitchison@scotborders.gov.uk

### Councillor Jim Hume

Tel: 01750 82384

email: jhume@scotborders.gov.uk

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### ST. JOHN'S CHURCH

(Charity No: SC000281)

#### Sunday Services

10.15am Morning Service

6.15pm Evening service

#### *Everyone welcome!*

#### Boys' Brigade details

meets regularly every Friday night:

Anchor Boys (P2-P3) Fri, 6 - 7pm

Junior Section (P4-P6) Fri, 6.30 - 8pm

Company Section (P7-S6) Fri, 7 - 10pm

#### Girls' Brigade details

meets regularly every Monday night:

Explorers (P1-P3) Mon, 6 - 7.15pm

Juniors (P4-P7) Mon, 7 - 8.30pm

Brigaders (S1-S6) Mon, 6 - 8.30pm

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### LANGLEE COMPUTER CLASSES

#### For complete beginners

Thursdays, 7.30 - 9pm

From 6th May to 10th June at  
Langlee Centre training room

£10 for the six week course

Expert tuition -  
can cover word processing,  
internet, internet shopping,  
computer safety etc.

#### Limited places -

to book call

Langlee Complex on  
01896 755110.

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## HEALTHY LIVING NETWORK

Here is this month's update from the HLN:

#### Feel Good Campaign

We're on week 6 of the 8 week programme.  
So far all of our participants are well on their

way to achieving their goals. They're already showing massive improvements in their fitness levels, losing weight and reporting increased confidence in themselves. Well done to all participants. Keep up the good work and stay motivated to achieve your goals. If you'd like to find out more or take part in the next group, please call me to add your name to the waiting list.

#### New Yoga Classes

After the success of the Yoga sessions during the Summer Activity Programme last August we decided to start a yoga class at the Community Centre. This was well attended and enjoyed by all. The good news is there will be a new class starting on Thursday 6th May, 10-11am, in the Green Room at the Centre. Yoga is an excellent form of gentle exercise and great for relaxation. You work to your own pace with the tutor.

#### Budget Cooking

The Budget Cooking Group is on Tuesdays, 1-3pm, at Langlee Primary School. Learn new ways to make your money go further when buying your shopping, and how to provide your family with healthy meals on a tight budget. If you'd like to attend, please get in touch.

#### Energy Efficiency Monitors

We now have energy efficiency monitors available to rent over a 2 week period. These monitors show you how much energy you're using and how much money you're wasting. The information you get with the monitor gives you ideas to save energy and money. I've used it myself and it's very helpful. To rent a monitor please call me on the numbers below.

Good health to everyone!

*Carly Unwin,  
Healthy Living Network - Langlee  
07833 049510 / 01896 755110*

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## SPONSORED KAYAKING EVENT FOR TOURETTE SCOTLAND

Local resident John Davidson is going to kayak down the River Tweed to raise much needed funds for Tourette Scotland.

The 80 mile, 2 day trip starts at Galashiels (Boleside) ending at Berwick. John will be paddling alongside fellow Tourette sufferers Paul Stevenson and Chopper Colquhoun on the weekend of Saturday 16th and Sunday 17th July 2010. Fingers crossed the weather is good for their trip!

If you would like to sponsor them, or make a donation to this worthy cause, please go to: [www.justgiving.com/tweedcanoetrip](http://www.justgiving.com/tweedcanoetrip)

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