

# LANGLEE NEWS

Distributed free to all Langlee households

January 2013

Published by the Langlee Residents Association, 20 Larch Grove, Galashiels TD1 2LB

Tel: 01896 753296

## WHAT MATTERS TO YOU MATTERS TO US

### Hi Folks

Happy New Year everyone!!

Well, here we are in 2013 – where did 2012 go? I'm sure it must be an age thing, but time seems to pass so quickly these days.

What a year 2012 was! Three great events – the installation of the Jubilee Playpark in Beech Avenue, the formation of the Langlee Choir and the best Carnival we have ever had – all combined to make 2012 a year to remember. I would like to thank all those who helped in any way towards the success we had.

Now, to 2013!! The first meeting this year of the Langlee Residents Association will be held at the Community Centre on Tuesday 22nd January. One of the main topics at this meeting will be the proposal to set up a Credit Union in Langlee – much needed in these difficult economic times, I fear. Do come along and hear all about it. We are planning to put on a short course on First Aid in the Home, run by the Red Cross – limited numbers, so please call me if you

are interested – always a handy skill to have at our fingertips.

That's enough from me, I think.

Kind regards

*Judith Cleghorn*

Chair, Langlee Residents Association

### Langlee Pharmacy

Following our comments regarding the proposal to open a pharmacy in the empty shop next to the post office in Marmion Road, please note that letters of objection have been sent in from both the LRA and Galashiels and Langlee Community Council.

I am advised that the meeting to discuss this will be held in February/March and we can expect no further information before then. I will keep everyone posted as information is available.

*Judith Cleghorn*

### Langlee Community Choir

Langlee Community Choir is meeting once again during 2013, with rehearsals on Mondays, 7 – 8:15 pm in the Blue Room, Langlee Community Centre. As previously, our aim is to offer members an enjoyable experience, accessible to all (including those who do not have formal musical training), and to perform at a range of events. There is no charge for membership, and no audition.

We have already welcomed 5 new members at our first 2013 rehearsal, and look forward to more new faces in the coming weeks. We performed at a highly successful concert at the Focus Centre on 15 December (shared with pupils from Langlee Primary School) and also appeared as guests of St Boswells Band at their Christmas Concert on 17 December. We are now looking forward to our next public appearance at the Tait Hall, Kelso on the evening of Friday 1st March (as guests of Newtown St Boswells Barbershop Choir, who are organising the evening).

We continue to expand our extremely varied repertoire – from mediaeval to musicals, classical to pop – and are currently working on Verdi's "Anvil Chorus". As previously mentioned, we'd love you to come and hear us, but would love you to join us even more! Do contact Chris Achenbach, or come along on a Monday evening – you will be most welcome.

*Chris Achenbach*

Choir Director  
01896 757574 or 07595 013 123  
millsidemusic@btinternet.com  
<http://langleecommunitychoir.blogspot.co.uk/>

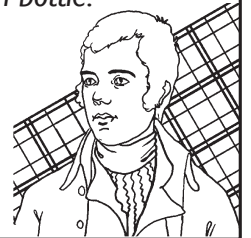
## Burns and Bingo Night

7pm on Friday 25th January  
at Community Centre

*Burns supper, followed by bingo.*

*Bring your own bottle.*

£3 and buy  
your books  
on the night.



## Beat your Budget Blues!

***Worried about making ends meet?***

***Tired of feeling that you pay too much for what you get?***

***Need to balance things out a bit better so that you can cover the essentials?***

***Come along and beat your budget into shape!***

**We are offering**

4 sessions ~ 2 tutors ~ creche to help you brush up your number skills and make smarter decisions about your budget.

**Monday 18th and 25th February 2013**

**Monday 11th and 18th March 2013**

**10:00am – 12.00pm**

***Booking is essential: you need to attend all four sessions***

***First come first served. Limited crèche places.***

**Langlee Community Centre**

***Phone Becca or Claire on 01896 755110 for more information and to book your place!***

We will cover: Attitudes to money ~ Number skills ~ What's essential and what's not ~ credit, catalogue and interest

**NEXT LRA MEETING - TUESDAY 22ND JANUARY - 7PM - LANGLEE COMMUNITY CENTRE**

**St. John's Church**

Charity No: SC000281

**SERVICES**

**Sunday**

10.15am: Morning service with Crèche & Sunday School (KAOS).  
6.30pm: Evening service

**KAOS**

(Kids Alive on Sunday)

Sunday 10.15am: KAOS is for our younger (primary school) people on a Sunday morning. We start in the main Church at 10.15am then go through to the small hall for various activities. If your youngster is at a loose end on a Sunday morning, why not come along to see what it's all about?

**Langlee Residents Association**

Meeting to be held at Langlee Community Centre on Tuesday 22nd January 2013 at 7pm

**Agenda**

- Welcome
- Apologies
- Minutes of last meeting
- Matters arising from the Minutes
- Police report
- Credit Union – speaker  
Douglas Scott, SBC
- Defibrillator for Langlee
- Marmion Road Pharmacy
- Waverley Tenants Organisation
- Future Plans
- Any Other Business
- Date of next meeting

**Please come to the meeting and let YOUR views be heard!**

**SOUNDBYTE**

SoundByte is an informal group which runs at St. John's Church twice a month on a Monday afternoon at 2.00pm. As well as light refreshments and a chance to chat, each meeting has an invited speaker who will talk about a particular topic. Dates are in the St. John's Church advertisement in the Border Telegraph.

14th January 2.00pm

28th January 2.00pm

**CURIOUS??**

If you are wondering who we are at St. John's Church, why not visit our website at:

www.stjohnschurchgalashiels.co.uk

**Local Councillor Details**

**Councillor John Mitchell**

Tel: 01750 722422

email: jmitchell@scotborders.gov.uk

**Councillor Sandy Aitchison**

Tel: 01578 730643

email: saitchison@scotborders.gov.uk

**Councillor Bill Herd**

Tel: 01896 756417

**Councillor Bill White**

Tel: 01896 756323

**Boys' Brigade**

The Boys' Brigade meets at St. John's Church during term time on a Friday evening as follows:

Anchor Boys (P1-P3): Friday 6.00 – 7.00 pm  
Junior Section (P4-P6): Friday 6.30 – 8.00 pm  
Company Section (P7-S6): Friday 7.00 – 10.00 pm

**Girl's Brigade**

The Girls' Brigade meets at St. John's Church during term time on a Monday evening as follows:

Explorers (P1-P3): Monday 6.00 – 7.15pm  
Juniors (P4-P7): Monday 7.00 – 8.30pm  
Brigaders (S1-S6): Monday 6.00 – 8.30pm

**Concert by the Border Strathspey and Reel Society plus guests**

**Saturday 9th March, 7.30pm**

**at the Focus Centre, Galashiels.**

*Glass of wine/tea/coffee included – price £6*

**Councillor John Mitchell**

My next surgery is in the Stow Town Hall on Friday 18th January 4.30 - 5.30pm. If possible phone 01750 722422 beforehand to make an appointment.

**Start January with a Jog**

www.galaharriers.com

**Gala Harriers**

Gala Harriers are offering a winter indoor run Jump and throw session for junior athletes with a disability. Queen Centre Melrose Road Galashiels.

Wednesday night 5pm – 6pm. The training sessions cater for young athletes with a physical, learning or sensory disability aged up to 18 years old.

Please contact disability coach Billy McCulloch w.mcculloch1888@btinternet.com or come along on the night.



**Healthy Living Network**

**Health Improvement Activity in Langlee**

Here's to a Happy and Healthy 2013!!!

Now that the winter holidays have passed, we have some exciting activity ahead of us here in Langlee. I would like to take this opportunity to raise awareness of the work of the Healthy Living Network.

The Healthy Living Network currently offers:

- Armchair exercise classes for the Langlee Blind Club members
- First Aid training sessions for the community members and youth workers

We recently held a successful after school cooking programme for parents and children at the primary school. We intend to provide further sessions on 'Cooking on a Budget' and will publicise the dates shortly.

In addition to this, the Langlee Health Steering Group continues to meet on a regular basis; their role is to plan for health improvement activities in Langlee and includes representatives

from Health and community groups as well as members of the public and community groups.

Our next meeting is on 23rd January 2013, where we will be discussing our plans to run a fun event in February called: 'Daddy or Chips'.

**'Daddy or Chips';**

**When? - Tuesday 19th February**

**What time? - Between 3pm and 9pm.**

**Where? - In and around the 'Woodcutter' pub in Langlee**

*Free activities Include:*

*Local darts tournament*

*Fun Football*

*Healthy food tasters*

*Zumba classes*

*A Chill out zone*

*Smoking Cessation information*

*Displays from health and related services*

More information will be displayed throughout Langlee in the run up to this event. Please keep the date free and come along for the fun.

We look forward to seeing you there....

More details are available on these areas of work and I would be pleased to hear from anyone who is interested in becoming more involved in the Langlee community and our plans for the forthcoming months.

We would like to build on our relationships with local people and welcome your ideas for activities in Langlee that meet your needs and the needs of your community.

Any comments / suggestions should be made to;

*Bill Hannah*

Health Improvement Specialist (Inequalities)

Langlee Complex

32 Marigold Ave

Langlee

Galashiels

TD1 2LP

Office; 01896 755 110

Mobile; 078 244 75 446

Email; bill.hannah@borders.scot.nhs.uk