

LANGLEE NEWS

Distributed free to all Langlee households

September 2010

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Tel: 01896 753296

WHAT MATTERS TO YOU - MATTERS TO US

Hi folks

Late summer in Langlee means preparation for the Carnival, to be held on Saturday 11th September, starting with the fancy dress at the school, followed by the main event at the community centre. It seems that we have been busy for months now, and excitement is mounting as the great day draws ever nearer. This year we have several different activities available for all ages, all at a subsidised price. Do come along and enjoy the day, there's something for everyone!

The next Langlee Residents Association meeting is on Tuesday 7th September, at the Community Centre. If anyone needs transport up to the community centre, please phone me - I would be happy to pick you up. We have lots going on, and more plans to make for

winter activities. We shall be continuing with the Theme Nights - the bingo on 27th August was very successful, and more of those will follow over coming months, everyone is welcome.

We still need volunteers to help with delivering the newsletters - if you could spare an hour or so every six weeks, I would really appreciate it! Just phone me on 753296 - I would be delighted to hear from you.

Look forward to seeing you soon.

Best wishes

Kind regards

Judith Cleghorn

Chair, Langlee Residents Association

Police News

At about 1600 hours on Wednesday 18/8/10 on the Black Path near to the mushroom bridge a young girl was assaulted by a man described as, white, late 20's slim build, black hair, with a small strip of neat facial hair below lower lip (gottee beard) wearing square wire rimmed glasses, blue polo shirt and cream ¾ length trousers. The male ran off towards ASDA. If anyone has any information please contact Galashiels police station.

People are still allowing their dogs to foul and not clean up after them in the area. A woman received a fixed penalty ticket for the offence last week. Her partner abused the community warden whilst he was dealing with the matter. The male has been charged with a breach of the peace as a result.

Family Fun in Langlee

The last week of the school summer holiday saw a group of families from Langlee take part in the Langlee Family Summer Programme.

The programme was a mixture of fun physical activities as well as a walk up to Peniel Heugh (in the pouring rain) arts and crafts and of course the final meal and celebration.

The theme for the week was Mini Olympics and the families split into teams and were awarded points during all the activities and medals were awarded on the Friday.

It was a very busy week with 46 adults' children and babies taking part. The crèche/nursery did a great job as did the Active Schools coordinators supporting the week.

The last day traditionally is where the families prepare a meal from their native country which we all share as part of the awards ceremony. This year's guests included Glen Rodger (Director of Education & Life Long Learning) Councillors George Turnbull (Education Portfolio Holder) said "I was very impressed with what I saw and the children and parents that I met and talked with" John Mitchell (Langlee) and Cath Young (Head of Health Improvement) who said "it was just terrific - a really good piece of partnership working"

Some quotes from participants are; "I think this week has been great - good to meet other people and some friendships will certainly continue". "The week was packed with fun and I liked the idea of being able to enjoy most sessions with the (my) children". "All week has been very

well done and organised.....cant wait for next year!"

A massive thank you goes out to the Langlee House Committee for their financial support of this event, Lothian and Borders Police, Crèche Workers, Active Schools Team, Health Improvement Team, Borders Sports and Leisure Trust and the Borders Production Unit for the fab food, and all the various workshop leaders/providers.

This whole event was planned and coordinated by Community Learning and Development workers and The Healthy Living Network.

Councillor Fiona Lackenby

Borders Is Better

I was asked recently "Why should I bother? I've got enough to do" when I asked someone about getting more involved in their community. Followed by "What do I get back?". Aah, I hear you say "the young folk, they've no community spirit".

Oops no, those comments came from people older than me, meanwhile a young lad from Langlee has got on his horse, literally, to lead the town in their annual Gathering. Greg, who works and lives locally here in Langlee was a great ambassador for the community. I had the honour of attending a number of events during Braw Lads week and he did himself and the community proud. He spoke eloquently of his pride in his town and carried out his duties in an exemplary fashion. If we have



Langlee Flower Show

SAT 25TH SEPTEMBER
LANGLEE COMMUNITY CENTRE

Schedules available from Kurt
Ramage, 8 Woodstock Avenue
Tel no. 756341

Open to the public 1.30pm to 4pm
Silver collection.

more like Greg, and Katie his Braw Lass, and I believe we do, then the future of the Borders is in good hands.

And what of those I began with - what do you get back - a pride in your community, yourself and the right to say "I did that". We can't all be Braw Lads and Lasses, especially if you come from Aberdeen like me, but you can do your bit whether it's helping with the Brownies on a Wednesday night, coming along to community events or even joining the Committee. What do you get back - a lot.

Fiona Lackenby

Councillor for Galashiels and District

Tel: 01835 830428

email: flackenby@scotborders.gov.uk

NEXT LRA MEETING - TUESDAY 7TH SEPT - 7PM - LANGLEE COMMUNITY CENTRE

Healthy Living Network Update

Budget Cooking

This is a Budget Cooking Group running on a Tuesday afternoon, 1-3pm at Langlee Primary School (term time only). We are running a 4 week programme focusing on cooking on a budget from Tuesday 7th September. We'll make recipes from the Back to Basics cookery book every week, learn about budgeting, portion control and much more. Get your Back to Basics cookery book and ingredients packs to try recipes at home for free!! To attend this programme, please call me and book a place.

Feel Good Campaign/Weigh-in Group

We still run a monthly weigh-in which anyone is welcome to attend. Last Monday of every month, 1:30pm, Langlee Community Centre.

We are beginning a weekly weigh-in on Monday 23rd August at 4:15pm, Langlee Community Centre. The weigh-in will be followed by an aerobic/dance exercise class finishing at 6pm. Please come along if you're interested...bring a friend, everyone is welcome.

Energy Efficiency Monitors

Available to borrow for free for 2 weeks. They show you how much energy you're using and how much money you're wasting. The information you get with the monitor shows you how to save energy and money.

Zumba Classes come to Langlee!

We've had a lot of interest in Zumba classes – I hadn't realised how popular they were. However there are still places left so give me a call if you're interested. These Latin American dance fitness classes begin Tuesday 24th August 10-11am at Langlee Community Centre. It will be free for the first 6 weeks so book a place asap. www.zumbaborders.co.uk

Calling all Young People!!

Langlee may soon have its very own Dance Group. If you're under the age of 18 and would like to be the next Diversity or Flawless let me know you're interested. Tell your friends and if we get enough people we can start a dance group. I will be approaching the schools and youth groups about this soon.

Come to the pantomime!!

We are looking at 'getting up a bus' to take residents to the pantomime 'Jack and the Beanstalk' at the Kings Theatre, Edinburgh - if we get enough interest.

- date to be confirmed.

Please call Judith on 01896 753296, or email mail@judithcleghorn.co.uk to register your interest

Pilates

We may be able to start a Pilates class in Langlee in October. If you're interested please get in touch. Anyone over 18 is welcome.

HLN 2011

As of November 2010 I will be on Maternity Leave. There will still be plenty of HLN activities available in my absence and I hope to create a timetable so you know what's happening and when. I will return to work sometime next year.

For information on all of the above, please call me on the numbers below. Thanks.

Carly

Healthy Living Network – Langlee

07833 049510

01896 755110

Waverley Tenants Organisation

From the 6th September 2010 Waverley Housing will be starting a pilot project in Beech Avenue to employ contract cleaners and a caretaker. In order to make this project a success and value for money it is important that tenants contact Waverley Housing to report any concerns.

Waverley Housing will be holding their AGM on Tuesday 28th September 2010 at 6:30pm in the Mansfield House Hotel Hawick please contact Alison Hill on 01450 364200. Remember that all Waverley Tenants are invited and will have a chance to discuss issues with the Waverley Board of directors.

Waverley Housing's Tenant participation officer is Pamela Martin who has now returned from maternity leave, if you wish to become more involved in the WTO you can contact Pamela at the Hawick office on 01450 – 364200.

On behalf of Waverley housing Saltire are carrying out the annual gas boiler service visit. In some cases Waverley Housing are sending out unnecessarily harsh reminder letters even when new appointment have been arranged, if you have received such a letter please inform Waverley Housing so that this unnecessary postage cost can be avoided in the future.

Girl's Brigade

The Girls' Brigade also meets at St. John's Church during term time on a Monday evening as follows:

Explorers (P1-P3):	Monday 6.00 – 7.15pm
Juniors (P4-P7):	Monday 7.00 – 8.30pm
Brigaders (S1-S6):	Monday 6.00 – 8.30pm

We look forward to welcoming existing and new members back after the summer holidays.

Local Councillor Details

Councillor Fiona Lackenby

Tel: 01835 830428

email: flackenby@scotborders.gov.uk

Councillor John Mitchell

Tel: 01750 722422

email: jmitchell@scotborders.gov.uk

Councillor Sandy Aitchison

Tel: 01578 730643

email: saitchison@scotborders.gov.uk

Councillor Jim Hume

Tel: 01750 82384

email: jhume@scotborders.gov.uk

ST. JOHN'S CHURCH

Charity No: SC000281

Sunday

10.15am:	Morning Service with
Crèche &	Sunday School.
6.30pm:	Evening Service

On Sunday 29th Sept. we will be having a Back to Church Sunday. This gives an opportunity to those who have been away from church for sometime, for whatever reason, to come back and know that they are not the only ones returning that day. We would really like to extend a very warm invitation to anyone who has been wondering about coming along to church or who has been feeling like it is time to get back to church.

In July, two members of St. John's Church took part in a cycling expedition from London to Paris, arriving in time to meet up with the final stage of the Tour de France. Adam Henderson and Danny Pulman completed this challenge in order to raise funds for the charity Christian Aid. So far they have raised around £3000!!

Boys' Brigade

Daring feats seem to be the flavour of the summer as a number of senior Company Section Boys from 2nd Galashiels Boy's Brigade walked the 96 miles of the West Highland Way as a fundraiser for the Company. They set off from the starting point at Milngavie on Friday 30th July, finishing at Fort William the following Thursday 5th August.

The expedition proved to be quite a challenge with the boys staying under canvas for seven nights.

The Boys' Brigade meets at St. John's Church during term time on a Friday evening as follows:

Anchor Boys (P2-P3):	Friday 6.00 – 7.00 pm
Junior Section (P4-P6):	Friday 6.30 – 8.00 pm
Company Section (P7-S6):	Friday 7.00 – 10.00 pm